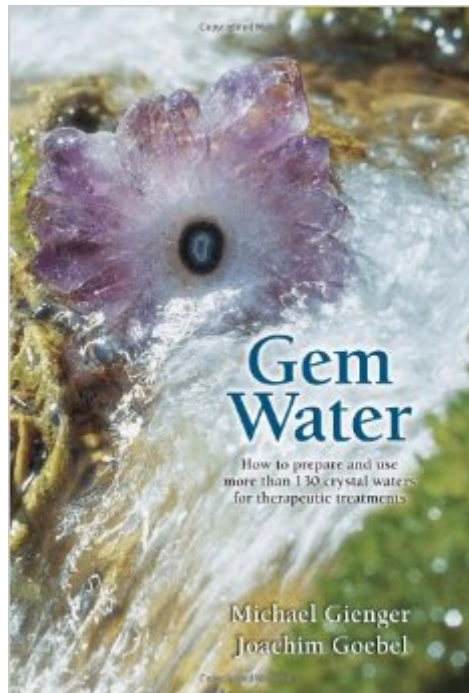


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# Gem Water: How To Prepare And Use Over 130 Crystal Waters For Therapeutic Treatments



## Synopsis

Effective and healthy remedies produced by infusing water with appealing crystalline energies are carefully described in this informative manual. The first part covers aspects of preparation, featuring deceptively simple processes such as the boiling method, the water vapor method, and the test tube method; all of which can be easily mastered by crystal healing enthusiasts. After outlining the correct methods to use and listing poisonous crystals as a safety precaution, the book examines more than 100 usable crystals and 34 special mixtures, revealing their intended uses and effects for the optimum in therapeutic results.

## Book Information

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## Customer Reviews

This little book was just what I was looking for ! I have been making my own gemstones in water and drinking it, not sure what I was doing or why, I was just compelled. I kept thinking, if stones give off certain energies, and water absorbs and retains energies/memory/information, then can I drink their energy ? Then one day I ran into this little book and ordered it rightaway ! It was EXACTLY what I was looking for ! I am confused about one thing- he recommends not putting the water or stones in sunlight, but that's what I have been doing with mine. I'm confused because I thought putting stone in sunlight would give it a "charge", yet he implies this would weaken it ??? If you are interested in elixirs or tonics or gemstone healing or water, or familiar with the book, "Hidden messages in water", I would check this book out ! Can fit in your purse ! Thank you to the authors and I want to visit your websites ! Dc

I purchased this out of curiosity. Although I personally don't have the desire to make gem water, I found the instructions easy to understand and the accompanying information about selection of gems for this purpose to be very thorough. I believe this book was worth the amount for my curiosity, but it is an amazing treasure for anyone who wishes to use gems this way. Update: 6 months later - I decided to use the energy transfer method preparation (easiest one) using three crystals from the reference guide available at back of book for skin improvement. I have been preparing this gem water for about 3 weeks and have noticed amazing improvement in my skin. I have an area of skin that is already healing after a year of no improvement through other methods. I'm so amazed I have updated my rating from 4 stars to 5 stars.

I really liked this book, though the tiny size made it difficult for me to read. I was very interested in the transfer method, and the way the picture is in the book, couldn't really tell if the crystals used were single or double terminated. They didn't give very much written information about it; I THINK they were single, but it was very hard to tell. Other than those two things, I really liked this book. It gave 2 different methods for making elixirs without putting the stones in the water. I have noticed that the lists of stones to not put directly in water to be taken internally varies almost everywhere you see one, so I am extremely wary of making them by any direct method. According to the authors, the transfer method is the way to make the strongest elixir, it is indirect, it's the shortest method, and also looks the easiest. I have never seen this method in any of the other books I've read! The other indirect method was using a quartz test tube-like affair to put in the water, but I was afraid that it could make tiny chips and get glass in the elixir. This is not going to happen with the transfer. Another way (direct) was by boiling the crystals, but I darn sure am not going to boil any of mine; sorry! I believe there were a couple other methods given, which I didn't pay attention to, as they were direct. All in all was exceptionally good information, and I'm sure the tiny size is better for the trees! Recommended!

This book is helpful to readers who align with the use of crystals for physical and spiritual healing and clarity. For those that have purchased gem and crystal water from their local apothecaries, this book allows the reader, with some simple instructions, to create their own healing "gem water" at home. The authors guide us in considering first the quality of the crystals that we have in our homes and then proceed to inform us as to how to cleanse them in preparation for the creation of the gem or crystal waters. There is emphasis on the cleansing process of crystals intended to be directly

placed in the water itself. Most of this is known to those who steward crystals already but still the reminder is appropriate. Cautions are written in the text as to some of the higher intensity crystals and subsequent possible "toxic" effects from those crystals and that the same list should not be placed directly into the water. Those same "toxic" effects can be avoided through the other methods suggested. Placing crystals directly, the boiling method, the evaporation method, the test tube method, transferring energy directly (not submerged), glass of water on a crystal slice and water in crystal bowls are discussed as options for the reader. Specifically educational is the combinations of crystals (color photos provided) to create therapeutic waters for specific concerns or intentions. This is extremely guiding and clarifying and takes the guess work out of which crystals to combine to address certain emotional, spiritual and physical concerns. The book is small and portable, colorfully illustrated and an informative reference for anyone who includes or is beginning to include crystals in their wellness regimen. It's a very easy read, with brief but clear directions that should quickly guide each reader into the fulfilling creation of their own crystal "gem" waters.

A very well written and concise discussion on the practice and therapeutic benefits of gem water. I highly recommend this book for anyone interested in this powerful medicine that will in time be a greatly appreciated method of healing.

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